

SO FIA



Sofia's dissertation party menus

Autumn 2025

Dissertation party “karonkka” in Sofia



Sonckinsali



Lyhtysali

In Sofia's magnificent facilities, you can organize both large and small parties. Our experience in these special occasions will help you focus on the celebration itself and your guests.

Sofia is located next to the Cathedral, in the heart of the Market Quarter and in the oldest and most culturally and historically valuable environment in Helsinki. The unique premises, protected by the Finnish National Board of Antiquities, are decorated with high-quality modern Scandinavian design.

Sofia's Lyhtysali can accommodate 40 people and Sofia's Corner can accommodate 30 people. For larger parties, the magnificent Sonck Hall can accommodate up to 132 people. We would be happy to tell you more about our facilities and services.

The Sofia team offers a turnkey service. Sofia has hosted numerous memorable doctoral dissertation dinners, so you can be confident and focus on the celebration itself and your guests.

The delicious offerings come from Sofia's restaurant, which is known for its high-quality ingredients, expertly prepared dishes, and carefully selected wines.

Three-course menus

Doctor

€63/person

- Fluffy black beetroot soup, deer confit and truffle L, G
- Seasonal fish (char or trout), tarragon-spiced roasted butter sauce and potato puree L, G
- Chocolate panna cotta, raspberry jam and white chocolate crystals L, G

Opponent

€61/person

- Pike and scallop terrine, beetroot cream and pickled chanterelles L, G
- Roasted pheasant, dark berry sauce and pumpkin L, G
- Lemon pie and rosemary meringue L

Curator

€59/person

- Onion tarte tatin, celery and caramel vinaigrette L
- Roasted butternut squash, feta and beluga lentils cassoulet L, G
- Sofia's blueberry compote, oatmeal, vanilla foam and meringue V

Custos as a vegan

€59/person

- Onion tarte tatin, celery and caramel vinaigrette V
- Roasted butternut squash, walnuts and beluga lentil cassoulet V, G
- Sofia's blueberry compote, oatmeal, vanilla foam and meringue V

Additional dishes

+10.5 € Lobster mousse soup & tarragon oil L, G

+9.5 € Finnish cheeses & house compote G

All prices include current VAT. We reserve the right to make changes. We require groups to choose a uniform menu, minimum order 10 people.

SOFIA



Sofiankulma



Tell us your wishes and let's make a
memorable celebration happen together!

Sofia Restaurant
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Terms of sale for catering

- The minimum order quantity for three-course dinners is 10 people.
- We require groups to have a consistent menu selection.
- The menu is valid until further notice.
- The price includes the following special diets: lactose-free, dairy-free, gluten-free and vegan.
- We adapt our offerings to special diets and food allergies if necessary.
- Other special diets +4 €/ person.
- Orders, special diets and the number of people must be confirmed by email to the contact person no later than 10 business days before the event.
- The stated number of people serves as the basis for invoicing.
- The prices for meals are valid from Monday to Saturday.
- Sundays and holidays by offer.

Cancellation policy

The cancellation terms for the event are specified in the offer.